

how do I talk to my “offline” family and friends about cancer immunotherapy?

Many people find that talking to friends and family about their treatment choices helps them cope with the path ahead.

“Immunotherapy treatment plans can be unfamiliar to people, so you may find yourself explaining a lot. Try starting a blog or a patient update page—it saves time, and you can link to relevant articles.”

Where do I start?

Figuring out who you want to share with is a great place to start. Many people start by talking with their closest relatives and go on from there to talk with close friends, coworkers, and others.

Cancer immunotherapy is relatively new compared with other cancer treatments, so talking about it is a good way to help answer questions your friends and family may want to ask.

What should I tell them?

The science behind cancer immunotherapy can be complex, so it’s important to keep it as simple as possible. It might be helpful to start with the “ABCDs” of how the immune system works. You can find this information here: www.TheA2C.org/immune.

Once they understand how the immune system works, you can explain how the immunotherapy you’re taking works with your immune system. You can find that information here: www.TheA2C.org/types.



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